

2018 SCHOOL OF PRAYER SERIES

Deeper Secrets of Prayer

THE SECRET OF WORRY-FREE PRAYER

THE SECRET OF PURPOSE-DRIVEN PRAYER



The Secret of Worry-Free Prayer

KEYS TO CONFRONTING CONCERNS AND CASTING CARES!

How to “Let Go” and “Let God”

(Part 1)

Philippians 4:6-7 (MSG)

Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life.

Matthew 6:25-29 (NLT)

So I tell you, don't worry about everyday life—whether you have enough food, drink, and clothes. Doesn't life consist of more than food and clothing? Look at the birds. They don't need to plant or harvest or put food in barns because your heavenly Father feeds them. And you are far more valuable to him than they are. Can all your worries add a single moment to your life? Of course not. And why worry about your clothes? Look at the lilies and how they grow. They don't work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are.

1 Peter 3:14 (NLT)

But even if you suffer for doing what is right, God will reward you for it. So don't be afraid and don't worry.

James 1:5-7 (MSG)

If you don't know what you're doing, pray to the Father. He loves to help. You'll get his help, and won't be condescended to when you ask for it. Ask boldly, believingly, without a second thought. People who “worry their prayers” are like wind-whipped waves. Don't think you're going to get anything from the Master that way...

Proverbs 16:3 (NIV)

Commit to the LORD whatever you do, and your plans will succeed.



Hebrew word for “Commit”...

GALAL:

“_____ upon; _____ away; _____ go!”

Proverbs 16:3 (AMP)

Roll your works upon the Lord [commit and trust them wholly to Him; He will cause your thoughts to become agreeable to His will, and] so shall your plans be established *and* succeed.

Psalms 55:22 (NIV)

Cast your cares on the LORD and he will sustain you; he will never let the righteous fall.

Hebrew word for “Cast”...

SHALAK :

“To _____ out or to _____; to take _____ action.”

Psalms 55:22 (MSG)

Pile your troubles on God’s shoulders—he’ll carry your load, he’ll help you out. He’ll never let good people topple into ruin.

CASE STUDY:

Casting a Care

(A Five-Decade Review)

PRAYER APPLICATION

(Reflect and Respond)

Concentrate your moments of prayer on at least one anxious area of your life (or that of someone you know) and ask God to help you surrender that anxiety to Him. Can you think of a “prayer promise” from God’s Word that you can claim as you pray? Make that promise a part of your prayer.

THE SECRET OF WORRY-FREE PRAYER

Four Keys for Casting Your Cares on Jesus

Part 2

Key One: _____ *it!*

The _____ **Factor**

Hebrews 5:14 (NKJV)

But solid food belongs to those who are of full age, *that is*, those who by reason of use have their senses exercised to discern both good and evil.

Ephesians 6:10-11, 18 (NLT)

A final word: Be strong with the Lord's mighty power. Put on all of God's armor so that you will be able to stand firm against all strategies and tricks of the Devil... Pray at all times and on every occasion in the power of the Holy Spirit. Stay alert and be persistent in your prayers for all Christians everywhere.

1 Peter 5:8 (NLT)

Be careful! Watch out for attacks from the Devil, your great enemy. He prowls around like a roaring lion, looking for some victim to devour.

Key Two: _____ *it!*

The _____ **Factor**

James 4:10 (NLT)

When you bow down before the Lord and admit your dependence on him, he will lift you up and give you honor.

Psalms 32:5 (NIV)

Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the LORD"— and you forgave the guilt of my sin.



Key Three: _____ **it!**

The _____ **Factor**

Mark 11:22-23 (NIV)

“Have faith in God,” Jesus answered. “I tell you the truth, if anyone says to this mountain, ‘Go, throw yourself into the sea,’ and does not doubt in his heart but believes that what he says will happen, it will be done for him.”

Mark 3:27 (NKJV)

No one can enter a strong man’s house and plunder his goods, unless he first binds the strong man. And then he will plunder his house.

Luke 10:19 (NIV)

I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.

Key Four: _____ **it!**

The _____ **Factor**

Psalm 81:1, 6 (NIV)

Sing for joy to God our strength; shout aloud to the God of Jacob!... He says, “I removed the burden from their shoulders; their hands were set free from the basket.”

1 Peter 5:6-7 (NIV)

Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you.

CASE STUDY:

Releasing Worry

(The Miracle of "The Care Bucket")

PRAYER APPLICATION

(Reflect and Respond)

In the symbolic "care bucket" pictured below, list your most urgent cares or concerns. Then, in an act of prayerful release, lift your imaginary care bucket to God and let Him empty your bucket. (Praise Him as you release your bucket to God!)

**Releasing My Cares...
A Practical Application**

**A Favorite Promise
From Scripture:**

The Care Bucket...

- 1. _____
- 2. _____
- 3. _____
- 4. _____





The Secret of Purpose-Driven Prayer

EIGHT QUALITIES FOR PRAYING WITH PURPOSE AND POWER

Part 1

2 Chronicles 14:7 (NLT)

Asa told the people of Judah, “Let us build towns and fortify them with walls, towers, gates, and bars. The land is ours because we sought the LORD our God, and he has given us rest from our enemies.” So they went ahead with these projects and brought them to completion.

2 Chronicles 15:15 (NLT)

All were happy about this covenant, for they had entered into it with all their hearts. Eagerly they sought after God, and they found him. And the LORD gave them rest from their enemies on every side.

2 Chronicles 7:14 (NIV)

If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land.

James 5:16b (NLT)

The earnest prayer of a righteous person has great power and wonderful results.

Amplified Bible, Classic Edition:

The earnest (heartfelt, continued) prayer of a righteous man makes tremendous power available [dynamic in its working].

Philippians 4:6-7 (NLT)

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will guard your hearts and minds as you live in Christ Jesus.



Praying with Purpose and Power (Eight Qualities)

QUALITY ONE:

_____ -Centered Prayer

The _____ factor in purposeful praying!

John 14:12-14 (NLT)

The truth is, anyone who believes in me will do the same works I have done, and even greater works, because I am going to be with the Father. You can ask for anything in my name, and I will do it, because the work of the Son brings glory to the Father. Yes, ask anything in my name, and I will do it!”

Proverbs 18:10 (NIV)

The name of the LORD is a strong tower; the righteous run to it and are safe.

Colossians 1:15, 18 (NLT)

Christ is the visible image of the invisible God. He existed before God made anything at all and is supreme over all creation... Christ is the head of the church, which is his body. He is the first of all who will rise from the dead, so he is first in everything.

Colossians 2:7, 9-10 (NLT)

Let your roots grow down into him [Christ] and draw up nourishment from him, so you will grow in faith, strong and vigorous in the truth you were taught. Let your lives overflow with thanksgiving for all he has done... For in Christ the fullness of God lives in a human body, and you are complete through your union with Christ. He is the Lord over every ruler and authority in the universe.

QUALITY TWO:

_____ -Centered Prayer

The _____ factor in purposeful praying!

Jeremiah 23:29 (NIV)

“Is not my word like fire,” declares the LORD, “and like a hammer that breaks a rock in pieces?”

1 John 5:14-15 (NIV)

This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him.

John 15:5, 7 (NIV)

I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing...

If you remain in me and my words remain in you, ask whatever you wish, and it will be given you.

Hebrews 4:12 (NIV)

For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

1 Thessalonians 2:13 (KJV)

For this cause also thank we God without ceasing, because, when ye received the word of God which ye heard of us, ye received it not as the word of men, but as it is in truth, the word of God, which effectually worketh also in you that believe.

“Effectually worketh”

Greek *energeo*:

“_____ within.”

Word-Enriched Prayer

1. _____ it
2. _____ it
3. _____ it

QUALITY THREE:

_____ -Centered Prayer

The _____ factor in purposeful praying!

Hebrews 4:16 (NIV)

Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.



Mark 11:22-24 (NLT)

Then Jesus said to the disciples, “Have faith in God. I assure you that you can say to this mountain, ‘May God lift you up and throw you into the sea,’ and your command will be obeyed. All that’s required is that you really believe and do not doubt in your heart. Listen to me! You can pray for anything, and if you believe, you will have it.”

Hebrews 11:1, 6 (NLT)

What is faith? It is the confident assurance that what we hope for is going to happen. It is the evidence of things we cannot yet see... So, you see, it is impossible to please God without faith. Anyone who wants to come to him must believe that there is a God and that he rewards those who sincerely seek him.

Hebrews 11:1 (AMPC)

Now faith is the assurance (the confirmation, the title deed) of the things [we] hope for, being the proof of things [we] do not see *and* the conviction of their reality [faith perceiving as real fact what is not revealed to the senses].

QUALITY FOUR:

_____ -Centered Prayer

The _____ factor in purposeful praying!

John 4:23-24 (NIV)

Yet a time is coming and has now come when the true worshipers will worship the Father in spirit and truth, for they are the kind of worshipers the Father seeks. God is spirit, and his worshipers must worship in spirit and in truth.

Psalms 29:1-2 (NIV)

Ascribe to the LORD, O mighty ones, ascribe to the LORD glory and strength. Ascribe to the LORD the glory due his name; worship the LORD in the splendor of his holiness.

Hebrews 12:28-29 (NIV)

Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe, for our “God is a consuming fire.”

2 Chronicles 20:17, 21-22 (NLT)

But you will not even need to fight. Take your positions; then stand still and watch the LORD’s victory. He is with you, O people

of Judah and Jerusalem. Do not be afraid or discouraged. Go out there tomorrow, for the LORD is with you... After consulting the leaders of the people, the king appointed singers to walk ahead of the army, singing to the LORD and praising him for his holy splendor. This is what they sang: "Give thanks to the LORD; his faithful love endures forever!" At the moment they began to sing and give praise, the LORD caused the armies of Ammon, Moab, and Mount Seir to start fighting among themselves.

PRAYER APPLICATION

(Reflect and Respond)

Think of a specific name of Jesus in Scripture and then "pray that name" over a particular prayer concern you have. Ask God to help you develop a prayer life that is filled with more purpose and meaning.

THE SECRET OF PURPOSE-DRIVEN PRAYER

Eight qualities of praying with purpose and power continued

Part 2

QUALITY FIVE:

_____ -Centered Prayer

The _____ factor in purposeful praying!

1 Timothy 2:1-4 (NLT)

I urge you, first of all, to pray for all people. As you make your requests, plead for God's mercy upon them, and give thanks. Pray this way for kings and all others who are in authority, so that we can live in peace and quietness, in godliness and dignity. This is good and pleases God our Savior, for he wants everyone to be saved and to understand the truth.



Jeremiah 29:4-7 (NIV)

This is what the LORD Almighty, the God of Israel, says to all those I carried into exile from Jerusalem to Babylon: “Build houses and settle down; plant gardens and eat what they produce. Marry and have sons and daughters; find wives for your sons and give your daughters in marriage, so that they too may have sons and daughters. Increase in number there; do not decrease. Also, seek the peace and prosperity of the city to which I have carried you into exile. Pray to the LORD for it, because if it prospers, you too will prosper.”

Job 42:10 (NLT)

When Job prayed for his friends, the LORD restored his fortunes. In fact, the LORD gave him twice as much as before!

“Intercession” Defined:

From the two Latin words: _____ and _____

Inter: _____ *Cedere:* _____

QUALITY SIX:

_____ -Centered Prayer

The _____ factor in purposeful praying!

Isaiah 41:1 (NLT)

Listen in silence before me, you lands beyond the sea. Bring your strongest arguments. Come now and speak. The court is ready for your case.

Matthew 13:43 (NLT)

Then the godly will shine like the sun in their Father’s Kingdom. Anyone who is willing to hear should listen and understand!

Revelation 3:6 (NLT)

(One of eight times in Revelation)

Anyone who is willing to hear should listen to the Spirit and understand what the Spirit is saying to the churches.

Ephesians 1:17 (NIV)

I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.

Isaiah 30:19-21 (NLT)

O people of Zion, who live in Jerusalem, you will weep no more. He will be gracious if you ask for help. He will respond instantly to the sound of your cries. Though the Lord gave you adversity for food and affliction for drink, he will still be with you to teach you. You will see your teacher with your own eyes, and you will hear a voice say, "This is the way; turn around and walk here."

Ecclesiastes 5:1-2 (NLT)

As you enter the house of God, keep your ears open and your mouth shut! Don't be a fool who doesn't realize that mindless offerings to God are evil. And don't make rash promises to God, for he is in heaven, and you are only here on earth. So let your words be few.

QUALITY SEVEN:

_____ -Centered Prayer

The _____ factor in purposeful praying!

1 John 3:22 (NLT)

And we... receive whatever we request because we obey him and do the things that please him.

James 2:15-17 (NLT)

Suppose you see a brother or sister who needs food or clothing, and you say, "Well, good-bye and God bless you; stay warm and eat well"—but then you don't give that person any food or clothing. What good does that do? So you see, it isn't enough just to have faith. Faith that doesn't show itself by good deeds is no faith at all—it is dead and useless.

Five Keys to "Action-Centered Praying"

1. _____: "To enter by _____ in order to _____."
2. _____: "The process of doing _____."
3. _____: "To _____ into; to _____."
4. _____: "To engage as a _____; to take part; to _____."
5. _____: "To stimulate to _____."



QUALITY EIGHT:

_____ -Centered Prayer

The _____ factor in purposeful praying!

Matthew 9:35-38 (NKJV)

Then Jesus went about all the cities and villages, teaching in their synagogues, preaching the gospel of the kingdom, and healing every sickness and every disease among the people. But when He saw the multitudes, He was moved with compassion for them, because they were weary and scattered, like sheep having no shepherd. Then He said to His disciples, "The harvest truly *is* plentiful, but the laborers *are* few." Therefore pray the Lord of the harvest to send out laborers into His harvest."

Mark 4:2-9 (MSG)

He taught by using stories, many stories. "Listen. What do you make of this? A farmer planted seed. As he scattered the seed, some of it fell on the road and birds ate it. Some fell in the gravel; it sprouted quickly but didn't put down roots, so when the sun came up it withered just as quickly. Some fell in the weeds; as it came up, it was strangled among the weeds and nothing came of it. Some fell on good earth and came up with a flourish, producing a harvest exceeding his wildest dreams. "Are you listening to this? Really listening?"

Psalms 126:5-6 (NLT)

Those who plant in tears will harvest with shouts of joy. They weep as they go to plant their seed, but they sing as they return with the harvest.

Matthew 6:19-21 (NLT)

"Don't store up treasures here on earth, where moths eat them and rust destroys them, and where thieves break in and steal. Store your treasures in heaven, where moths and rust cannot destroy, and thieves do not break in and steal. Wherever your treasure is, there the desires of your heart will also be."

