

2017

SCHOOL OF PRAYER

SERIES

# *In Prayer*

with **DICK EASTMAN**

NINE "IN PRAYER" CLUSTER-THEMES  
FOR FRUITFUL PRAYING!

LESSON THREE

**THE HUMILITY CLUSTER**

*Submitting in Prayer*





# THE HUMILITY CLUSTER

## *Submitting in Prayer*

- Confessing in Prayer
  - Repenting in Prayer
  - Forgiving in Prayer
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### **HUMILITY DEFINED**

The quality of not being proud or haughty; not being arrogant or assertive. Manifesting a demeanor and attitude of deference or submission; being unassuming, modest and unpretentious. Plain, simple, unobtrusive.

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### **VOICES OF PRAYER**

“The life God bestows is imparted not once for all, but each moment continuously, by the unceasing operation of His mighty power. Humility, the place of entire dependence on God, is, from the very nature of things, the first duty and the highest virtue of the creature, and the root of every virtue.” — Andrew Murray

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### **SUBMIT DEFINED**

To yield to governance or authority; to permit oneself to be subjected to something or some authority; to defer to or consent to abide by the opinion and authority of another.

**2 Chronicles 7:14 (NKJV)**

If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.

**James 4:6-8 (NKJV)**

But He gives more grace. Therefore He says: “God resists the proud, But gives grace to the humble.” Therefore submit to God. Resist the devil and he will flee from you. Draw near to God and He will draw near to you. Cleanse *your* hands, *you* sinners; and purify *your* hearts, *you* double-minded.

**1 Peter 5:5-7 (NKJV)**

Likewise you younger people, submit yourselves to *your* elders. Yes, all of *you* be submissive to one another, and be clothed with humility, for “God resists the proud, But gives grace to the humble.” Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, casting all your care upon Him, for He cares for you.

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**VOICES OF PRAYER**

“Humility is the only soil in which the graces root; the lack of humility is the sufficient explanation of every defect and failure. Humility is not so much a grace or virtue along with others; it is the root of all, because it alone takes the right attitude before God and allows him as God to do all.” — Andrew Murray

***Psalm 10:17 (NKJV)***

LORD, You have heard the desire of the humble; You will prepare their heart; You will cause Your ear to hear...

***Psalm 25:8-9 (NKJV)***

Good and upright *is* the LORD; Therefore He teaches sinners in the way. The humble He guides in justice, And the humble He teaches His way.

***Isaiah 29:18-19 (NKJV)***

In that day the deaf shall hear the words of the book, And the eyes of the blind shall see out of obscurity and out of darkness. The humble also shall increase *their* joy in the LORD, And the poor among men shall rejoice In the Holy One of Israel.

***Philippians 2:5-8 (NKJV)***

Let this mind be in you which was also in Christ Jesus, who, being in the form of God, did not consider it robbery to be equal with God, but made Himself of no reputation, taking the form of a bondservant, *and* coming in the likeness of men. And being found in appearance as a man, He humbled Himself and became obedient to *the point of* death, even the death of the cross.

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**VOICES OF PRAYER**

“What is the incarnation but [Christ’s] heavenly humility, His emptying Himself and becoming man? What is His life on earth but humility; His taking the form of a servant? And what is His atonement but humility? ‘He humbled himself and became obedient unto death.’” — Andrew Murray

“Jesus the Holy One is the humble One: the holiest will ever be the humblest. There is none holy but God: we have as much of holiness as we have of God.”

— Andrew Murray

[illegible]



## HUMILITY CLUSTER - INSIGHT ONE

### *Submitting*

Humility before God and man is foremost and \_\_\_\_\_ *foundational* \_\_\_\_\_ to being \_\_\_\_\_ *exalted* \_\_\_\_\_ by God into useful and fruitful \_\_\_\_\_ *service* \_\_\_\_\_ in His kingdom. Those who readily and fully \_\_\_\_\_ *submit* \_\_\_\_\_ to Christ are those who readily and fully \_\_\_\_\_ *persist* \_\_\_\_\_ in Christ and thereby resist the \_\_\_\_\_ *attacks* \_\_\_\_\_ and \_\_\_\_\_ *advances* \_\_\_\_\_ of our evil adversary.

## THOUGHTS AND PRAYERS

### *Thoughts*

Based on Cluster Insight One, share your thoughts within your prayer cluster regarding what you think it means to submit in prayer and in life in general.

### *Prayers*

Turn your thoughts regarding Cluster Insight One (or any impression from the scripture passages shared in this teaching segment) into a prayer of desire to be more submissive in prayer as well as in your walk with Jesus.

# THE HUMILITY CLUSTER

## *Submitting in Prayer*

### PART 1

## *Confessing in Prayer*

### CONFESS DEFINED

To tell or make known something as wrong or damaging to oneself; to disclose one's faults; specifically to unburden one's sins or the state of one's conscience to God. To admit or acknowledge guilt; to declare faith in or adherence to a person or cause; to profess openly the commitment to a cause or a person.

**Greek and Hebrew definition:** To agree with; to acknowledge.

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### VOICES OF PRAYER

"There are many persons who look on Sunday as a sponge to wipe out the sins of the week." — Henry Ward Beecher

"Hearing nuns' confessions is like being stoned to death with popcorn." — Archbishop Fulton J. Sheen

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### *Psalms 32:5 (AMPC)*

I acknowledged my sin to You, and my iniquity I did not hide. I said, I will confess my transgressions to the Lord [continually unfolding the past till all is told]—then You [instantly] forgave me the guilt *and* iniquity of my sin. *Selah* [pause, and calmly think of that]!

***Daniel 9:20-21 (AMPC)***

While I was speaking and praying, confessing my sin and the sin of my people Israel, and presenting my supplication before the Lord my God for the holy hill of my God—Yes, while I was speaking in prayer, the man Gabriel, whom I had seen in the former vision, being caused to fly swiftly, came near to me *and* touched me about the time of the evening sacrifice.

***Psalms 86:11-12 (AMPC)***

Teach me Your way, O Lord, that I may walk *and* live in Your truth; direct *and* unite my heart [solely, reverently] to fear *and* honor Your name. I will confess *and* praise You, O Lord my God, with my whole (united) heart; and I will glorify Your name forevermore.

***James 5:14-16 (AMPC)***

Is anyone among you sick? He should call in the church elders (the spiritual guides). And they should pray over him, anointing him with oil in the Lord's name. And the prayer [that is] of faith will save him who is sick, and the Lord will restore him; and if he has committed sins, he will be forgiven. Confess to one another therefore your faults (your slips, your false steps, your offenses, your sins) and pray [also] for one another, that you may be healed *and* restored [to a spiritual tone of mind and heart]. The earnest (heartfelt, continued) prayer of a righteous man makes tremendous power available [dynamic in its working].



**1 John 1:9 (AMPC)**

If we [freely] admit that we have sinned *and* confess our sins, He is faithful and just (true to His own nature and promises) and will forgive our sins [dismiss our lawlessness] and [continuously] cleanse us from all unrighteousness [everything not in conformity to His will in purpose, thought, and action].

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**VOICES OF PRAYER**

“Confession is the first step to repentance.”  
— English Proverb

**NOTES**

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## HUMILITY CLUSTER - INSIGHT TWO

### *Confessing*

Confession of one's sins is an ongoing process of a personal cleansing of our inner being in order that we might fully conform to God's perfect will for us in purpose, thought and action.

## THOUGHTS AND PRAYERS

### *Thoughts*

Based on Cluster Insight Two, share your thoughts within your prayer cluster regarding what you think it means to confess in prayer and why confession is important for our spiritual and physical health.

### *Prayers*

Turn your thoughts regarding Cluster Insight Two (or any impression from the scripture passages shared in this teaching segment) into a prayer of personal confession (even if you pray in a general sense without going into specific details that may be inappropriate in a group prayer setting).

**HARVEST INCENSE** (*National Focus*)**Revelation 8:3-4 (MSG)**

“...Then another Angel, carrying a gold censer, came and stood at the Altar. He was given a great quantity of incense so that he could offer up the prayers of all the holy people of God on the Golden Altar before the Throne. Smoke billowed up from the incense-laced prayers of the holy ones, rose before God from the hand of the Angel.”

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# THE HUMILITY CLUSTER

## *Submitting in Prayer*

### PART 2

## *Repenting in Prayer*

### REPENTANCE DEFINED

To turn from sin and dedicate oneself to the redirection of one's life; to cause to feel regret or contrition with the intent to change for the better; to feel sorrow, regret, or contrition for unacceptable behavior.

**From the Latin:** *poenitere*: “to feel regret.”

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### VOICES OF PRAYER

“Repentance is a grace of God's Spirit whereby a sinner is inwardly humbled and visibly reformed.” — Thomas J. Watson

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#### ***Romans 12:1-2 (AMPC)***

I appeal to you therefore, brethren, *and* beg of you in view of [all] the mercies of God, to make a decisive dedication of your bodies [presenting all your members and faculties] as a living sacrifice, holy (devoted, consecrated) and well pleasing to God, which is your reasonable (rational, intelligent) service *and* spiritual worship. Do not be conformed to this world (this age), [fashioned after and adapted to its external, superficial customs], but be transformed

(changed) by the [entire] renewal of your mind [by its new ideals and its new attitude], so that you may prove [for yourselves] what is the good and acceptable and perfect will of God, *even* the thing which is good and acceptable and perfect [in His sight for you].

### ***2 Corinthians 7:1 (NLT)***

Because we have these promises, dear friends, let us cleanse ourselves from everything that can defile our body or spirit. And let us work toward complete holiness because we fear God.

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## **VOICES OF PRAYER**

“Repentance may begin instantly, but reformation often requires a sphere of years.” — Henry Ward Beecher

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### ***Isaiah 1:27 (NLT)***

Zion will be restored by justice; those who repent will be revived by righteousness.

### ***2 Peter 3:9-10 (NLT)***

The Lord isn’t really being slow about his promise, as some people think. No, he is being patient for your sake. He does not want anyone to be destroyed, but wants everyone to repent. But the day of the Lord will come as unexpectedly as a thief. Then the heavens will pass away with a terrible noise, and the very elements themselves will disappear in fire, and the earth and everything on it will be found to deserve judgment.



## VOICES OF PRAYER

“True repentance also involves reform.” — Hosea Ballou

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### ***2 Corinthians 7:10 (NIV)***

Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.

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## VOICES OF PRAYER

“Repentance, however difficult to be practiced, is, if it be explained without superstition, easily understood. Repentance is the relinquishment of any practice from the conviction that it has offended God.” — Samuel Johnson

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### ***Proverbs 1:23 (AMPC)***

If you will turn (repent) *and* give heed to my reproof, behold, I [Wisdom] will pour out my spirit upon you, I will make my words known to you.

### ***Revelation 2:4-5 (AMPC)***

But I have this [one charge to make] against you: that you have left (abandoned) the love that you had at first [you have deserted Me, your first love]. Remember then from what heights you have fallen. Repent (change the inner man to meet God’s will) and do the works you did previously [when first you knew the Lord], or else I will visit you and remove your lampstand from its place, unless you change your mind *and* repent.

“If you have sinned, do not lie down without repentance; for the want of repentance after one has sinned makes the heart yet harder and harder.” — John Bunyan

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## HUMILITY CLUSTER - INSIGHT THREE

### *Repenting*

Repentance is a decisive and determined action on the part of the believer to submit to a Holy Spirit-initiated transformation of one's thoughts, communication and conduct so as to consistently conform to God's ways, will and purposes in all manner of living.

## THOUGHTS AND PRAYERS

### *Thoughts*

Based on Cluster Insight Three, share your thoughts within your prayer cluster regarding what you think it means to repent in prayer and how might such repentance differ from simple confession of a known sin.

### *Prayers*

Turn your thoughts regarding Cluster Insight Three (or any impression from the scripture passages shared in this teaching segment) into a prayer of desire to repent (i.e., truly change direction in some specific area of your life).



# THE HUMILITY CLUSTER

## *Submitting in Prayer*

### PART 3

## *Forgiving in Prayer*

### **FORGIVENESS DEFINED**

The quality of giving up resentment of or claim to demands of restitution or punishment to someone who has wronged you; to cease to feel resentment against someone for some act on their part against you; letting go of a long-held personal grudge against someone.

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### **VOICES OF PRAYER**

“When I was a kid, I used to pray every night for a new bike. Then I realized, the Lord doesn’t work that way. So I just stole one and asked Him to forgive me.” — Emo Philips

“Of him that hopes to be forgiven it is indispensably required that he forgive. It is, therefore, superfluous to urge any other motive. On this great duty eternity is suspended, and to him that refuses to practice it, the throne of mercy is inaccessible, and the Savior of the world has been born in vain.” — Samuel Johnson

**Mark 11:24-26 (AMPC)**

For this reason I am telling you, whatever you ask for in prayer, believe (trust and be confident) that it is granted to you, and you will [get it]. And whenever you stand praying, if you have anything against anyone, forgive him *and* let it drop (leave it, let it go), in order that your Father Who is in heaven may also forgive you your [own] failings *and* shortcomings *and* let them drop. *But if you do not forgive, neither will your Father in heaven forgive your failings and shortcomings.*

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**VOICES OF PRAYER**

“They who forgive most shall be most forgiven.”

— Philip James Bailey

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**Ephesians 4:30-32 (MSG)**

Don't grieve God. Don't break his heart. His Holy Spirit, moving and breathing in you, is the most intimate part of your life, making you fit for himself...Be gentle with one another, sensitive. Forgive one another as quickly and thoroughly as God in Christ forgave you.

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**VOICES OF PRAYER**

“‘I can forgive, but I cannot forget,’ is only another way of saying, ‘I will not forgive.’ Forgiveness ought to be like a cancelled note — torn in two and burned up, so that it never can be shown against one.” — Henry Ward Beecher

## NOTES

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***Colossians 3:13-14 (AMPC)***

Be gentle *and* forbearing with one another and, if one has a difference (a grievance or complaint) against another, readily pardoning each other; even as the Lord has [freely] forgiven you, so must you also [forgive]. And above all these [put on] love *and* enfold yourselves with the bond of perfectness [which binds everything together completely in ideal harmony].

***Matthew 18:3-4 (AMPC)***

And said, Truly I say to you, unless you repent (change, turn about) and become like little children [trusting, lowly, loving, forgiving], you can never enter the kingdom of heaven [at all]. Whoever will humble himself therefore and become like this little child [trusting, lowly, loving, forgiving] is greatest in the kingdom of heaven.

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**VOICES OF PRAYER**

“The life God bestows is imparted not once for all, but each moment continuously, by the unceasing operation of His mighty power. Humility, the place of entire dependence on God, is, from the very nature of things, the first duty and the highest virtue of the creature, and the root of every virtue.” — Andrew Murray

## AN INFALLIBLE TOUCHSTONE:

### *A Prayer for Humility*

#### VOICES OF PRAYER

"I will here give you an infallible touchstone . . . It is this: retire from the world and all conversation, only for one month; neither write, nor read, nor debate anything with yourself; stop all the former workings of your heart and mind: and, with all the strength of your heart, stand all this month, as continually as you can, in the following form of prayer to God. Offer it frequently on your knees; but whether sitting, walking, or standing, be always inwardly longing, and earnestly praying this one prayer to God: 'That of His great goodness He would make known to you, and take from your heart, every kind and form and degree of Pride, whether it be from evil spirits, or your own corrupt nature; and that He would awaken in you the deepest depth and truth of that Humility which can make you capable of His light and Holy Spirit.'" — Andrew Murray

#### NOTES

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## HUMILITY CLUSTER - INSIGHT FOUR

### *Forgiving*

Forgiveness is the \_\_\_\_\_ *art* \_\_\_\_\_ of letting go of pain, \_\_\_\_\_ *grudges* \_\_\_\_\_ and grievances toward \_\_\_\_\_ *others* \_\_\_\_\_, often accumulated over years of \_\_\_\_\_ *internal* \_\_\_\_\_ emotional conflict and suffering. Jesus is the Great \_\_\_\_\_ *Forgiver* \_\_\_\_\_. To be like Jesus is to \_\_\_\_\_ *forgive* \_\_\_\_\_ like Jesus.

## THOUGHTS AND PRAYERS

### ***Thoughts***

Based on Cluster Insight Four, share your thoughts within your prayer cluster regarding what you think it means to forgive in prayer.

### ***Prayers***

Turn your thoughts regarding Cluster Insight Four (or any impression from the Scripture passages shared in this teaching segment) into a prayer of desire to be more forgiving in your prayers. If God prompts you to be more specific, even citing an example, do so in your praying.

## HARVEST INCENSE (*Global Focus*)

### *Revelation 8:3-4 (MSG)*

“...Then another Angel, carrying a gold censer, came and stood at the Altar. He was given a great quantity of incense so that he could offer up the prayers of all the holy people of God on the Golden Altar before the Throne. Smoke billowed up from the incense-laced prayers of the holy ones, rose before God from the hand of the Angel.”

## NOTES

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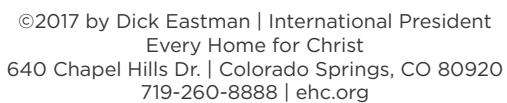
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